



WE ARE



# MEN OF THE HOUR



NOW  
IS THE  
TIME...

...to grow in our Faith.  
...to defend our Church.  
...to strengthen our Order.



*Are you ready to elevate your  
Knighthood to a new level of service  
for Jesus Christ?*

## Become a Man of the Hour

We are recruiting select men of our Order from every Council and Fourth Degree Assembly to become **“specialized prayer warriors for Christ.”**

Each week, these **Men of the Hour** will take gathered prayer requests and prepared petitions directly to our Lord in the tabernacle. Through dedicated **Holy Hours** and **Eucharistic Adoration**, these dutiful Knights will ask our Lord in person for his intercession, protection, and care for those suffering and in need.

Working in conjunction with our Council Chaplains, Assembly Friars, Pastors and Associate Pastors our Knights will come to rely upon these prayers *in the audience of Christ* to help care for our brother Knights especially those who may be falling away from the Church or may have happened upon hard times.



No man alone has the strength required to protect the world, or even his family, from the evils that lurk in the shadows and attempt to destroy us all. However, with Christ (and our prayers) all things are possible!

Our Lord possesses the power to defeat the evil that thrives in our modern world. If we let him, Christ will use us as his faithful soldiers to help wage the war against sin. Are you ready to surrender to God and let Christ guide your life? Are you ready to follow him wherever it may lead? If yes, you are ready to become a **Man of the Hour**.



## In your Council..

**Pray for the needs of your brother Knights, parish and the world.**

- Step 1.** Recruit and recognize at least two **“Men of the Hour”** from within your Council to carry out this specialized ministry of prayer throughout your fraternal year.
- Step 2.** Gather prayers and petitions during your monthly council meeting along with any prayer requests from the parish that your pastor may pass along.
- Step 3.** Take the organized prayer requests directly to Christ in a special weekly/monthly Holy Hour and ask our Lord for his intercession and assistance for those in need.
- Step 4.** Notify those you are praying for that you are asking Christ to help them in their times of need, and that you will continue to do so until their difficulty passes.



## In your Assembly..

**Pray for the needs of active military service personnel and their families, veterans, and community first responders.**

- Step 1.** Recruit and recognize at least two **“Men of the Hour”** from within each Council of your Assembly to carry out this ministry of prayer throughout your fraternal year.
- Step 2.** Have the Sir Knights seek out the names and needs of active military service personnel (and families), veterans, and community first responders in need of prayers.
- Step 3.** Take the organized prayer requests directly to Christ in a special weekly/monthly Holy Hour and ask our Lord for his intercession and assistance for those in need.
- Step 4.** Notify those you are praying for that you are asking Christ to help them in their times of need and that you will continue to do so until their difficulty passes.

# "Lord, open my lips. And my mouth will proclaim your praise"

(Ps 50/51 v.17)

## **A well prepared Holy Hour will help you be at your best for an audience with our Lord!**

As Men of the Hour, you are called to regularly enter into an audience with Jesus Christ and carry with you the needs and prayers of many. So how will you prepare for your time with him? Shooting from the hip haphazardly definitely isn't the right approach. Get yourself prepared, have a plan, and get into the proper frame of mind for your time with Jesus,

## **Do your prep work beforehand.**

Make sure you clearly write down your petitions for our Lord and review them carefully before you present them to him. We recommend you provide your Pastor with a copy of the petitions so he can help you with your prayers and is also fully aware of the needs of his flock.

## **Follow a structured flow of activity for your Holy Hour and start with humility!**

How do you feel when somebody comes running up to you and asks you for something without even saying hello or how are you? Irritated possibly? That's often what we do when we speak to our Lord. Too frequently we run toward him as though we are double parked and forget to say *"Lord I am unworthy and you are ever perfect. I am truly grateful for all you have done and continue to do for me and others. I humbly ask you to help those whose name and needs I present to you now. Through your grace please hear the petitions I present today and help make me a reflection and instrument of your love and peace."*

## **Don't rush, it's not a race.**

Cherish each moment you spend with our Lord. Even if you finish your prayer requests quickly take the remaining time to meditate on your love for Christ. Take time to reflect on the comfort only he can give the world. And finally, always remember to say thank you for listening and for the grace and love he provides to us all each and every day.

Are you ready to journey even further on your path toward Christ?



Men of the Hour are each invited to participate in educational tracks, as well as attend workshops and retreats, to learn the fundamentals of a structured prayer life including praying the liturgy of the hours!

For additional information on the Tennessee School of Prayer contact the Membership Experience Team by emailing [retention@kofc-tn.org](mailto:retention@kofc-tn.org) or by contacting:

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